

Life Story & Photo Book of





Important Message

Information contained in this document will remain confidential. It is for sharing with staff to enable them to give appropriate care and support.

It will not be shared with anyone except authorised staff.

To enable staff to provide personalised care and activities for you (your relative), we value your input and that of family and friends to this questionnaire.

Please answer the questions as you feel comfortable and able to do so. Staff will maintain the confidentiality of this material and will use it sensitively.

Personal details

Surname

Given first name

Maiden Name

Preferred name

Date and place of birth

Where did you live when you were growing up?

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Where did you go to school?

Did you pursue any further studies?

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What was your occupation?

Did you enjoy the work (include voluntary work)?

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Have you retained any occupational skills?

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Photos

Parents & siblings

Mother's name

Occupation

Closeness to/feelings about mother

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Father's name

Occupation

Closeness to/feelings about father

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Brother's name(s)

Closeness to/feelings about brother(s)

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Sister's name(s)

Closeness to/feelings about sister(s)

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Any continuing contact with these members of the family?

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Photos

Spouse / partner

Name

Maiden Name

Occupation

Where & when married

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Special memories?

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Photos

Relationships

(How do you feel/act before & after visits)

Children

Names

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Are they/were they close?

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Do they keep in regular contact?.....

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Grand children

Names

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Do they keep in regular contact?.....

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Great Grand Children

Names

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Do they visit regularly?.....

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Photos

Nieces & Nephews

Names

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Do they keep in regular contact?

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Close friends & neighbours

Names

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Do they keep in regular contact?.....

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Photo

Abilities/activities

Do/did you play a musical instrument?

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Do you enjoy: (details about types of music, songs, books etc.)

Music

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Singing

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Reading

.....

Poetry

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Concerts/Theatre

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Drawing

.....

Cards.....

.....

Favourite film/radio/TV programs

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Do/did you have any pets, if so what kind of animal/bird?

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Do you still think about any of the pets you have had in your lifetime?

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Do/did you play any sport/games?

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What were/are you best at?

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What work, leisure or domestic activities gave/give the most enjoyment or sense of accomplishment?

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Which do you still enjoy doing?

Well

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Partially

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Is there any person, topic or event that is really special?

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Is there any person, topic or event that you do not want to talk about?

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(it is important for care staff to be aware of any occasions in a person's life that caused extreme distress because these may surface again at any time especially if a person, is later affected by memory loss with confusion)

Habits / social relationships

How do you usually: (Include descriptions of facial expressions, posture, gestures, stance):

Show approval?

Show pleasure?

Express anger?

Express grief?

Let off steam?

What kind of praise is suitable?

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Do you – usually:

Like physical contact?

Like to be hugged?

Shake hands?

Is the company of others welcome?

Or

Would you prefer others to keep their distance?

How do you feel about people coming into your room?

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Habits / routines

(Detail type of assistance required eg. verbal/physical prompt, guide / demonstrate)

What was the usual time of the day for a bath or shower?

How many times a week?

Are you able to bath or shower without assistance?

Or, could we help and if so how?

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Are you able to use the toilet? lavatory?(circle the familiar one) or other?

- without assistance

- with assistance?

What could we do to help?

Are you able to Dress/undress

- without assistance

- with assistance?

What is your favourite food?

Favourite drink?

Is there a special food or drink that this person remembers being given when they were sick or sad?

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Do you:

- identify with a specific ethnic group?
- speak and understand English?
- speak another language?
- engage in family/cultural practices that should be continued?

Describe

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Is religion important to you? If so provide details of past practices.

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Does your family celebrate special occasions? E.g.

Easter

Christmas

Mother's' Day

Fathers' Day

Others

ANZAC Day

Did he/she serve in a war zone?

If yes give details

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How were special occasions celebrated?

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What are some examples of happy memories from childhood?

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Anecdotal

Are there any family anecdotes or jokes you would enjoy sharing/ talking about (most people have anecdotes/events in the past that recall happier times with warm & joyful feelings?)

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What usually makes you laugh (jokes, stories, pictures, cartoons, songs games, memories)?

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What could we do that would help to make you feel more "at home"?

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Photos